



# DUTCH SOCCER INSTITUTE



## Finishing & Goalkeeping School Integration

Real Strikers against Real Goalkeepers. The most realistic training available!

Take your training to the next level. No better way to train. Strikers and Goalkeepers together.

### Finishing

#### ARE THESE YOUR GOALS?

- INCREASE GOALSCORING FOR YOUR TEAM
- BE MORE CONFIDENT IN YOUR FINISHING
- HAVE A MORE POWERFUL AND MORE ACCURATE SHOT
- BECOME A PREDATOR IN THE 18-YARD BOX

#### TOPICS:

- SHOOTING FROM ALL ANGLES AND DISTANCES, FIRST TIME AND 2 TOUCH, LEFT AND RIGHT
- VOLLEYING FROM ALL ANGLES AND DISTANCES, INCLUDING HALF-VOLLEY
- CHIPPING
- BENDING
- HEADING
- FAST BREAKS, BEATING GOALKEEPERS ONE-ON-ONE
- POSITIONING AND TIMING OF RUNS IN THE BOX ON CROSSES
- PREPARATION TOUCH
- BODY SHAPE
- POWER
- ACCURACY
- URGENCY, SPEED OF EXECUTION
- ACTING ON INSTINCT, REBOUNDS, THE "UGLY" GOALS

ALTHOUGH TEAM TRAINING AND CAMP/CLINIC FORMATS DEFINITELY DEVELOP PLAYERS' SKILLS IT IS IN A MORE PRIVATE SETTING WHERE COACHES CAN REALLY TAKE THE TIME TO FOCUS IN DETAIL ON PERFECTING INDIVIDUAL PLAYERS' STRENGTHS AND IMPROVING SPECIFIC AREAS IN NEED OF ATTENTION.

#### HOW

- CUSTOMIZED HIGH INTENSITY TRAINING SESSIONS
- SMALL GROUP SIZE (5 MAX) TO ENSURE PERSONAL ATTENTION
- LOTS OF REPETITIONS PER PLAYER
- INTEGRATION WITH GOALKEEPING SCHOOL
- PROFESSIONAL TRAINING STAFF CONSISTING OF FORMER PROFESSIONAL GOALKEEPERS AND STRIKERS WHO WILL TEACH OUR FORWARDS THE INNER SECRETS OF HOW KEEPERS THINK AND ACT, AND VICE VERSA.
- BEST FIELDS IN THE NORTH VALLEY

#### WHO

FOR DEDICATED SOCCER PLAYERS SERIOUSLY INTERESTED IN IMPROVING THEIR FINISHING AND GOALKEEPING SKILLS.

#### COST

\$115 INCLUDES 4 ONE-HOUR SEMIPRIVATE TRAINING SESSIONS, DSI TRAINING SHIRT, AND SOCCER BALL

#### WHEN

FOUR CONSECUTIVE FRIDAYS STARTING OCT 22ND (THEN OCT 29TH, NOV 5TH, AND NOV 12TH). U10 - U12 5:45-6:45PM, U13 - U18 7-8PM.

#### WHERE

REACH 11 FIELD 1

### Goalkeeping

#### ARE THESE YOUR GOALS?

- BECOME A BETTER SHOTSTOPPER
- BE CONFIDENT WHEN DEALING WITH CROSSES
- MAKE EFFECTIVE DECISIONS ON BREAKAWAYS
- ORGANIZE YOUR DEFENSE QUICKLY ON FREEKICKS

#### TOPICS:

- STANCE
- CATCHING AND HANDLING
- DIVING SAVES & REDIRECTING SHOTS
- TIPPING & PARRYING
- BOXING
- STARTING POSITION / REPOSITIONING
- ANGLE PLAY / READING THE ATTACK
- ANTICIPATION / DECISION MAKING
- SET PLAYS - ORGANIZATION AND POSITIONING
- DEALING WITH "JUNK IN YOUR HOUSE"
- LEADERSHIP
- SELF-CONFIDENCE
- HANDLING PRESSURE

FOR MORE INFORMATION VISIT: [WWW.DUTCHSOCCERINSTITUTE.COM](http://WWW.DUTCHSOCCERINSTITUTE.COM)

#### Player Information

Name: \_\_\_\_\_

Current Team: \_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_\_ Gender: M / F

#### Emergency Information

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

Signed: \_\_\_\_\_

#### Parent Contact

Parents Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (h): \_\_\_\_\_

Phone (c): \_\_\_\_\_

E-mail: \_\_\_\_\_

#### Medical Release

Please include relevant medical information in writing with this application I certify that my child(ren) above is / are in excellent health and are able to participate in physical activity, including soccer. I agree to hold Dutch Soccer Institute, it's agents, employees and contractors harmless from any and all claims for injuries sustained during my child(ren)'s participation in the program. Permission is granted for my child to receive emergency medical treatment. I grant permission for, and waive any rights to, the use of photographs and motion pictures at any events and their subsequent use in Dutch Soccer Institute information.

To reserve your place complete Registration Form and send with check to:  
Dutch Soccer Institute LLC.

7838 E Keim Dr  
Scottsdale 85250

There is limited space available. DSI has a first come first served, full is full policy.

Date: \_\_\_\_\_